



# MEDIA RELEASE

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## **Defence review into health services welcomed by Mental Health Council**

A review into mental health services in the Australian Defence Forces has been welcomed by the Mental Health Council of Australia (MHCA) as a timely and much needed examination of the adequacy of resources and treatment in the military.

“The MHCA shares the Federal Government’s concerns that some soldiers are not receiving the mental health support they need, “ said MHCA CEO, David Crosbie.

“Reports that up to 10 per cent of veterans suffer trauma or other mental health problems after leaving the armed forces highlight the need for continued support and treatment.

“Members of our Defence forces face particular mental health stresses and we support this review and welcome the Government’s move to improve the provision of services and support for those at risk

“Providing early intervention and on-going treatment not only improves the lives of ADF personnel, it also ensures that ex-military personnel are better able to cope in civilian life,” Mr Crosbie said.

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The Mental Health Council of Australia is the independent, national representative body of the mental health sector in Australia.  
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